

Hyannis Yacht Club Youth Invitational
Hyannis, MA
July 21, 2009

SAILING INSTRUCTIONS

1. RULES

The regatta shall be governed by the rules as defined in the Racing Rules of Sailing 2009-2012.

2. ENTRIES

Competitors may enter by completing the registration and medical release forms, and paying the entry fee and applicable late fee to Hyannis Yacht Club. The Regatta is open to all eligible boats in the following classes:

- Opti's Red, Blue, White, Green
- 420's
- Laser, Laser 4.7, and Laser Radial

3. NOTICES TO COMPETITORS:

Official Notices to competitors will be posted on the Official Notice Board located inside the clubhouse. It is the responsibility of each participant to check the Official Notice Board for information.

4. CHANGES TO THE SAILING INSTRUCTIONS:

Any changes to the Sailing Instructions will be posted on the Official Notice Board by 0900 on July 21, 2009.

5. SIGNALS MADE ASHORE

The Race Committee shall make one (1) sound signal signifying the Harbor Start at 0930. Signals made ashore will be displayed from the flagpole on the dock. If a postponement is signaled ashore, the warning signal will be made not less than 30 minutes after AP is lowered.

6. SCHEDULE

A Competitor's meeting will be held at 0900 on the patio of the Hyannis Yacht Club. The warning signal for the first race will be at 1030. Subsequent races will be held as soon as possible after the end of the previous race.

7. RACING AREA

There will be four (4) separate racing areas. The Racing Area for the Opti Green Fleet will be on the southerly side of Lewis Bay. The Racing Area for the Opti Championship Fleet will be on the northerly side of Lewis Bay. The Racing Area for the Laser Class and the 420 Class will be south of the Hyannis Port jetty on Nantucket Sound. See accompanying chart for course locations.

8. COURSES AND MARKS

The attached Course Sheet shows the courses, course designations, the marks in order and the rounding direction of each mark. All marks will be inflatable marks.

9. STARTING AND FINISHING LINES AND STARTING SYSTEM

The starting and finishing lines will be between a staff displaying an orange flag on the Committee Boat and an inflatable starting mark. There may be a small “keep off” buoy attached to the stern of the Committee Boat. This buoy shall be considered a part of the Committee Boat. Boats shall not touch this buoy or pass between it and the Committee Boat.

Starting Procedures for Opti’s - All Opti Classes will be starting in accordance with Appendix Q, “Sound Signal Starting System”, including the use of the “I”, “Z”, or Black Flag.

Starting Procedures for 420’s and Lasers – The Starting Procedure for the 420 and Laser Classes will be in accordance with Racing Rule 26, including the use of the “I”, “Z” or Black Flag. The Laser Class flag will be a Yellow flag. The 420 Class flag will be a Red Flag.

10. PROTESTS

Protests shall be delivered to the Registration Desk within 45 minutes after the Race Committee finish boat docks. The protest time limit and a list of protests received will be posted on the Official Notice Board. This shall constitute the Notice of Hearings. Skippers so notified shall make themselves available to the Protest Committee. Hearings will be held at the yacht club as soon as possible after racing.

11. SCORING

The Low Point System of Appendix A of the racing rules will apply. As many races as practical will be run during this regatta. A boat’s scores will exclude her worst race only if five or more races are completed. One (1) race constitutes a series.

12. PRIZES

Prizes will be awarded to first through fifth in Opti Red, Blue, White and 420 Classes; first through third in the Laser and Laser Radial fleets. Participation medals will be awarded to participants in the Opti Green fleet. Prize(s) for Sportsmanship may be awarded.

13. SAFETY REGULATIONS:

This instruction applies to all 420’s, Lasers and Laser Radials.

- **Check in/Check out** – All boats must sail only on the west side of the Hyannis Harbor Channel and are not to sail into the Channel at any time. All boats are to sail to the west of green channel markers #3, #5, #7, #9, #11 and #13. At the southern end of the channel jetty there will be two yellow inflatable tetrahedrons set as a gate. At the direction of Hyannis Yacht Club patrol boats all competitors, both going to and returning from the race circle, must pass between these buoys and announce their sail number to the patrol boat stationed at the gate. In the case of excess boat traffic in the channel area, patrol boats may direct competitors to remain in the gate area until directed by patrol boats to pass through the gate. At absolutely no point are any competitors to sail in the Hyannis Harbor Channel.

Boats may not fly spinnakers when passing through the gates.

Failure to comply with this instruction will subject any competitor to protest and disqualification from the entire regatta.

This instruction applies to all Opti's.

- **Check in/Check out** – At the eastern end of the Hyannis Yacht Club fairway there will be two yellow inflatable buoys set as a gate. At the direction of Hyannis Yacht Club patrol boats all competitors, both going to and returning from the race circle, must pass between these buoys and announce their sail number to the patrol boat stationed at the gate. In the case of excess boat traffic in the channel area, patrol boats may direct competitors to remain in the gate area until directed by patrol boats to pass through the gate. At no point are any competitors to sail in the Hyannis Harbor Channel until they are directed to do so by the patrol.

Failure to comply with this instruction will subject any competitor to protest and disqualification from the entire day's races.

- Hyannis Shipping Channel – Competitors are advised that the approach to Hyannis Harbor and Lewis Bay is a narrow channel in which ferries and other large vessels have the right of way. This is an important safety issue. Optis may cross the channel only when going to and from their race circle, and must give way to large vessels. No other competitors may sail in the channel at any time. Any competitor who fails to follow a directive regarding the channel from a Regatta or Town of Barnstable Patrol Boat will be subject to disqualification from the regatta.

- 14. PERSONAL FLOTATION DEVICE** – Other than at brief periods while adding or removing clothing, all competitors shall wear a properly fastened US Coast Guard approved personal flotation device while on the water.

15. COACHING

Except for the Opti Green Fleet, any coach/observer who violates rule 41 by providing outside assistance (coaching) to a competitor while racing will subject the competitor to protest and disqualification. All coach/observers shall remain 50 meters from the racing area from the preparatory signal until competitors have finished and cleared the finish area. The race committee and judges will aggressively enforce this sailing instruction.

On the water coaching is allowed in the lower half of the Opti Green Fleet.

These restrictions do not apply to safety issues! In the event competitors require assistance, all coaches in the racing area are encouraged and expected to render assistance.